

Ergebnisliste Volkslauf "Rund um den Beerster See" am 18.08.2013

0,6 km, männlich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|-----------------|----------------------|--------------|-------------|----------|
| 1 | Eilers, Malte | Bad Bederkesa | MK U10 | 1 | 00:01:39 |
| 2 | Koch, René | TSV Plattenhardt | MK U10 | 2 | 00:01:45 |
| 3 | Rau, Marvin | TSV Ottobrunn | MK U10 | 3 | 00:01:53 |
| 4 | Bahr, Jonte | TSV Bederkesa | MK U10 | 4 | 00:01:58 |
| 5 | Kriete, Bjarne | LAV Bokel | MK U10 | 5 | 00:02:01 |
| 6 | Zyskowski, Tom | TSV Neuenwalde | MK U10 | 6 | 00:02:02 |
| 7 | Krapp, Sören | TSV Bederkesa | MK U10 | 7 | 00:02:12 |
| 8 | Mettke, Dean | Buxtehude | MK U10 | 8 | 00:02:14 |
| 9 | Rümper, Bennet | TSV Bederkesa | MK U10 | 9 | 00:02:21 |
| 10 | Lubitz, Joschua | ATS Buntentor Bremen | MK U10 | 10 | 00:02:24 |
| 11 | Rau, Stieven | TSV Ottobrunn | MK U10 | 11 | 00:02:28 |

0,6 km, weiblich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|-------------------|----------------|--------------|-------------|----------|
| 1 | Koenen, Swantje | TSV Bederkesa | WK U12 | 1 | 00:01:51 |
| 2 | Mettke, Celine | Buxtehude | WK U12 | 2 | 00:01:58 |
| 3 | Kohls, Nele | TSV Neuenwalde | WK U10 | 1 | 00:02:02 |
| 4 | Beckmann, Lena | TSV Bederkesa | WK U12 | 3 | 00:02:08 |
| 5 | Eilers, Nele Mara | Bad Bederkesa | WK U10 | 2 | 00:02:12 |
| 6 | Rümper, Nele | TSV Bederkesa | WK U12 | 4 | 00:02:44 |
| 7 | Schröder, Hannah | TSV Bederkesa | WK U10 | 3 | 00:02:44 |

1,2 km, männlich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|-----------------|---------------|--------------|-------------|----------|
| 1 | Koenen, Simon | TSV Bederkesa | MJ U14 | 1 | 00:04:37 |
| 2 | Sommer, Lennart | TSV Bederkesa | MJ U14 | 2 | 00:04:38 |
| 3 | Hinrichs, Felix | Beverstedt | MJ U14 | 3 | 00:04:51 |

1,2 km, weiblich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|---------------------|--------------------------|--------------|-------------|----------|
| 1 | Beckmann, Laura | TSV Bederkesa | WJ U14 | 1 | 00:05:06 |
| 2 | Hinrichs, Tomke | Beverstedt | WJ U14 | 2 | 00:05:28 |
| 3 | Bartel, Nele | TSV Mulsum von 1919 e.V. | WJ U14 | 3 | 00:05:37 |
| 4 | Lütjen, Kim | TSV Mulsum von 1919 e.V. | WJ U14 | 4 | 00:05:44 |
| 5 | Kimmich, Zara | TSV Mulsum von 1919 e.V. | WJ U14 | 5 | 00:05:59 |
| 6 | Göhmann, Lara Marie | TSV Otterndorf | WJ U14 | 6 | 00:06:09 |
| 7 | Leiker, Lea | Cuxhaven | WJ U14 | 7 | 00:06:23 |

7,6 km, männlich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|-----------------------|----------------------------------|----------------|-------------|----------|
| 1 | Joswig, Andreas | Ennepetal | M 45 | 1 | 00:28:34 |
| 2 | Brunkhorst, Holger | TSR Ahrenswohlde | M 40 | 1 | 00:29:19 |
| 3 | Klotz, Nils Hannes | TSV Bremervörde | MJ U20 | 1 | 00:29:50 |
| 4 | Fuchs, Stefan | LT TV Schwanewede | M 45 | 2 | 00:30:19 |
| 5 | Blanken, Mathias | Hechthausen | M 30 | 1 | 00:31:24 |
| 6 | Lehnacker, Marco | SFL Bremerhaven | M 45 | 3 | 00:31:35 |
| 7 | Bodenhagen, Frank | Loxstedt | M 50 | 1 | 00:32:10 |
| 8 | Ehlers, Torben | TSV Bederkesa/ TEA | M 30 | 2 | 00:32:43 |
| 9 | Beckmann, Gerd | TSV Wanna | M 45 | 4 | 00:33:11 |
| 10 | Lührs, Bernd | TUS Alfstedt | M 50 | 2 | 00:33:31 |
| 11 | Steffens, Dennis | Steinau | M 20 | 1 | 00:33:35 |
| 12 | Sievers, Ralf | TSV Bederkesa | M 55 | 1 | 00:33:38 |
| 13 | Göhmman, Lars | TSV Otterndorf | M 40 | 2 | 00:34:28 |
| 14 | Heimrath, Frank | Lauftreff Bürgerpark Bremerhaven | M 50 | 3 | 00:35:38 |
| 15 | Hopfenziz, Frederik | TSV Ringstedt | M 20 | 2 | 00:36:20 |
| 16 | Dunker, Stefan | TSV Bederkesa | M 45 | 5 | 00:36:24 |
| 17 | Glüsen, Wolfgang | FC Mulsum-Kutenholz | M 50 | 4 | 00:36:24 |
| 18 | Tietje, Wolfgang | TSV Mulsum von 1919 e.V. | M 55 | 2 | 00:37:08 |
| 19 | Seebeck, Björn | TSV Mulsum von 1919 e.V. | M 35 | 1 | 00:37:11 |
| 20 | Hamann, Peter | Team ERDINGER Alkoholfrei | M 50 | 5 | 00:37:20 |
| 21 | Timm, Michael | Bundespolizei | M 35 | 2 | 00:37:34 |
| 22 | Wissemann, Thomas | Tarmstedt | M 50 | 6 | 00:37:40 |
| 23 | Arendt, Wolfgang | LT TV Schwanewede | M 50 | 7 | 00:38:19 |
| 24 | Stelzer, Jan | TSV Bederkesa | MJ U18 | 1 | 00:38:27 |
| 25 | Kühnert, Robert | TSV Mulsum von 1919 e.V. | M 35 | 3 | 00:39:14 |
| 26 | Krüger, Manfred | ASV Wesseling 1985 e.V. | M 65 | 1 | 00:39:21 |
| 27 | Figger, Thomas | Lauftreff Bürgerpark Bremerhaven | M 50 | 8 | 00:39:25 |
| 28 | Gusky, Winfried | OSC Bremerhaven | M 55 | 3 | 00:39:53 |
| 29 | Nething, Horst | BSG Hülseberg | M 55 | 4 | 00:40:01 |
| 30 | Michalski, Klaus | TSV Bremervörde | M 65 | 2 | 00:40:13 |
| 31 | Fels, Dieter | Cafe Kunstwerk Hechthausen | M 55 | 5 | 00:40:27 |
| 32 | Tuchtenhagen, Torsten | TSV Neuenwalde | M 45 | 6 | 00:40:31 |
| 33 | Hansen, Sönke | TSV Bederkesa | M 50 | 9 | 00:40:32 |
| 34 | Sleboda, Frank | TV Ankelohe | M 60 | 1 | 00:41:13 |
| 35 | Müller, Gerhard | LAV Zeven | M 70 und älter | 1 | 00:42:11 |
| 36 | Böttjer, Dieter | Langen | M 50 | 10 | 00:43:07 |
| 37 | Leiker, Jörg Ulrich | Team ERDINGER Alkoholfrei | M 45 | 7 | 00:43:17 |
| 38 | Walter, Gunther | VSK/ SOL | M 70 und älter | 2 | 00:43:22 |
| 39 | Lütjen, Holger | TSV Mulsum von 1919 e.V. | M 45 | 8 | 00:43:49 |
| 40 | Conrad, Wilfried | Cuxhaven | M 65 | 3 | 00:44:56 |
| 41 | Wiechert, Erich | Bremen | M 70 und älter | 3 | 00:44:59 |
| 42 | Büse, Hans-Jürgen | HSG Schwanewede/Neuenkirchen | M 60 | 2 | 00:45:00 |
| 43 | Knorr, Thomas | TSV Ihlienworth | M 50 | 11 | 00:47:35 |
| 44 | Zahab, Bernd | TSV Bederkesa | M 40 | 3 | 00:47:42 |
| 45 | Eilers, Malte | Bad Bederkesa | MJ U18 | 2 | 00:47:53 |
| 46 | Eilers, Dirk | Bad Bederkesa | M 40 | 4 | 00:48:20 |
| 47 | Scholz, Gerhard | SV Brake | M 65 | 4 | 00:50:32 |
| 48 | Kück, Heinz | TSV Bremervörde | M 55 | 6 | 00:50:36 |
| 49 | Kirchner, Harald | TV Langen | M 70 und älter | 4 | 01:00:12 |

7,6 km, weiblich

| Platz | Name | Verein | Altersklasse | PlatzA | Zeit |
|-------|-----------------------|------------------------------|--------------|--------|----------|
| 1 | Sievers, Cordula | TSV Bederkesa | W 50 | 1 | 00:35:45 |
| 2 | Gusky, Manuela | OSC Bremerhaven | W 50 | 2 | 00:36:47 |
| 3 | Heinemeyer, Ulrike | Bad Bederkesa/ TEA | W 20 | 1 | 00:37:42 |
| 4 | Tiedemann, Elke | TSV Mulsum | W 45 | 1 | 00:38:43 |
| 5 | Altenburg, Ute | TSV Kührstedt ... läuft gut! | W 40 | 1 | 00:39:51 |
| 6 | Hubo, Rosalie | Die drei ??? | W 40 | 2 | 00:44:40 |
| 7 | Kimmich, Sandra | TSV Mulsum von 1919 e.V. | W 40 | 3 | 00:46:23 |
| 8 | Noormann, Sylvia | Die drei ??? | W 40 | 4 | 00:46:27 |
| 9 | Hack, Katja | Cuxhaven | W 40 | 5 | 00:46:30 |
| 10 | Wisch, Sabine | TSV Mulsum von 1919 e.V. | W 45 | 2 | 00:46:30 |
| 11 | Kluth-Grüttner, Erika | Lauftreff keep on running | W 60 | 1 | 00:46:41 |
| 12 | Timm, Khamnuan | SC Steinau/ Odisheim | W 40 | 6 | 00:46:47 |
| 13 | Fitschen, Erika | MTSV Selsingen | W 45 | 3 | 00:47:07 |
| 14 | Zappe, Alexandra | Dorum | W 35 | 1 | 00:47:25 |
| 15 | Laackmann, Eike | TSV Otterndorf | W 45 | 4 | 00:47:32 |
| 16 | Eilers, Nicole | TSV Bederkesa | W 40 | 7 | 00:48:20 |
| 17 | Rümper, Hilke | TSV Kührstedt | W 40 | 8 | 00:49:10 |
| 18 | Martens, Tanja | TSV Mulsum von 1919 e.V. | W 40 | 9 | 00:49:58 |
| 19 | Seebeck, Silvia | TSV Mulsum von 1919 e.V. | W 30 | 1 | 00:49:58 |
| 20 | Lütjen, Ilka | TSV Mulsum von 1919 e.V. | W 40 | 10 | 00:49:58 |
| 21 | Kapczinski, Manuela | Die drei ??? | W 50 | 3 | 00:51:39 |
| 22 | Böttjer, Dagmar | Langen | W 50 | 4 | 00:53:40 |
| 23 | Wolthoff, Helga | Beverstedt | W 45 | 5 | 00:54:49 |
| 24 | Hinrichs, Claudia | Beverstedt | W 40 | 11 | 00:54:50 |
| 25 | Meyer, Anke | TSV Neuenwalde | W 40 | 12 | 00:56:01 |
| 26 | Ahl, Christine | Lehrte | W 35 | 2 | 00:56:01 |
| 27 | Drewes, Beate | Beate's runners | W 55 | 1 | 00:57:21 |

14,6 km, männlich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|----------------------|----------------------|----------------|-------------|----------|
| 1 | Lubitz, Gerrit | ATS Buntentor Bremen | M 45 | 1 | 00:54:40 |
| 2 | Dieckmann, Heiko | TSV Otterndorf | M 40 | 1 | 00:58:35 |
| 3 | Kuchenbecker, Jürgen | TSVE 1890 Bielefeld | M 45 | 2 | 01:01:46 |
| 4 | Tietje, Michael | TSV Otterndorf | M 55 | 1 | 01:03:56 |
| 5 | Huljus, Lennard | TSV Bederkesa | M 20 | 1 | 01:06:57 |
| 6 | Pfeiffer, Mario | TSV Bremervörde | M 45 | 3 | 01:08:22 |
| 7 | Klatt, Rainer | TSV Otterndorf/ TEA | M 45 | 4 | 01:10:28 |
| 8 | Dahmke, Patrik | TSV Osten | M 45 | 5 | 01:11:21 |
| 9 | Göke, Helmut | TSG Nordholz | M 60 | 1 | 01:14:51 |
| 10 | Bohne, Stefan | TUS Dorum | M 45 | 6 | 01:15:31 |
| 11 | Lilienthal, Stefan | TSV Holßel | M 40 | 2 | 01:15:47 |
| 12 | Böttjer, Helmuth | TSV Gnarrenburg | M 65 | 1 | 01:17:00 |
| 13 | Gaul, Thorsten | Langen-Holßel | M 35 | 1 | 01:18:08 |
| 14 | Jansen, Peter | TSV Osten | M 70 und älter | 1 | 01:21:14 |
| 15 | Kretzer, Sven | TSV Bederkesa | M 35 | 2 | 01:25:05 |

14,6 km, weiblich

| Platz | Name | Verein | Altersklasse | Platz AK | Zeit |
|-------|------------------|-------------------------|--------------|-------------|----------|
| 1 | Kaschorek, Maike | pingpank.de | W 45 | 1 | 01:09:33 |
| 2 | Lubes, Heike | TSV Gnarrenburg | W 40 | 1 | 01:16:56 |
| 3 | Schaars, Bärbel | TSV Bierden | W 40 | 2 | 01:17:18 |
| 4 | Wienberg, Dagmar | TSV Hönau Lindorf | W 50 | 1 | 01:21:35 |
| 5 | Kretzer, Antje | TSV Bederkesa | W 30 | 1 | 01:32:35 |
| 6 | Rüter, Susanne | Cuxhaven | W 30 | 2 | 01:32:52 |
| 7 | Haase, Elisabeth | TSV Bederkesa | W 30 | 3 | 01:41:54 |
| 8 | Brogmus, Andrea | Ruderverein Bremerhaven | W 50 | 2 | 01:55:21 |

Erfolgreiche Teilnehmer (Alphabetische Reihenfolge)

Nordic Walking/ Walking 7,6 km

| Name | Verein | Altersklasse |
|---------------------------|------------------------------|--------------|
| Carstensen, Angelika | TSG Nordholz | Frauen |
| Dreier, Ursel | TSV Lunestedt | Frauen |
| Drewes, Werner | Beate's runner | Männer |
| Gall, Karsten | TSV Lunestedt | Männer |
| Gall, Mona | TSV Lunestedt | Frauen |
| Grüttner, Günter | Heinschenwalde | Männer |
| Haas, Inka | TSV Neuenwalde | Frauen |
| Hammer, Karl | Nordholz | Männer |
| Hammer, Petra | Nordholz | Frauen |
| Haß, Carin | TSV Bederkesa | Frauen |
| Holscher, Annemarie | TSV Lunestedt | Frauen |
| Huxol, Karin | TSV Lunestedt | Frauen |
| Immer, Heidi | TSV Lunestedt | Frauen |
| Immer, Walter | TSV Lunestedt | Männer |
| Itjen, Renate | TSV Neuenwalde | Frauen |
| Jakobeit, Karl-Heinz | Beate's runner | Männer |
| Jakobeit, Werner | Cuxhaven | Männer |
| Kroisand, Gertrud | TSV Lunestedt | Frauen |
| Leiker, Jutta | Cuxhaven | Frauen |
| Manzer, Klaus | Wernerwald Walker | Männer |
| Müller, Britta | TSV Bederkesa | Frauen |
| Piost, Eike | TSV Lunestedt | Frauen |
| Rahders, Sabine | TSV Lunestedt | Frauen |
| Röper, Helga | TSV Lunestedt | Frauen |
| Schmarje, Ute | TSV Germania Cadenberge e.V. | Frauen |
| Schwarz, Gunther | TVG Drochtersen | Männer |
| Schütt, Christa | SC Hemmoor | Frauen |
| Sottke, Carmen | TSV Germania Cadenberge e.V. | Frauen |
| Staffhorst, Elke | Oldenburg | Frauen |
| Staffhorst, Hermann | Oldenburg | Männer |
| Tiedemann, Resi | TSV Germania Cadenberge e.V. | Frauen |
| Wirtz, Alfred | Beate's runner | Männer |
| Wittschieben-Kück, Astrid | TSV Bederkesa | Frauen |
| von Döhlen, Martina | TSV Neuenwalde | Frauen |